Christmas Appeal
how you can help

Southside cafe
coffee changes lives

Fairfield Waters
a new age in seniors’ living
CEO’S Message

With Christmas fast approaching, I am pleased to launch Carinity’s Belong magazine. Belong will be published quarterly and illustrates the welcoming communities Carinity is creating as we follow the example of Jesus Christ, reflecting God’s love to people in need.

Over the past 65 years Carinity, as an outreach of Queensland Baptists, has been driven by people with Christian values to foster environments in which people are respected, cared for and feel a deep sense of belonging (p.4).

Carinity’s record of building positive community relationships underlies our future growth. Public consultation influenced the design of the $55M Fairfield Waters development (p.8). We are establishing new client relationships through consumer-directed care services such as Carinity Clean (p.12). Our vision to enrich people’s lives and help them reach their full potential is illustrated across our services. It’s wonderful to see the Carinity Education – Southside students interact with the residents of Carinity Aged Care – Wishart at the Southside Cafe (p.3). Volunteer Sam Towers is making a positive difference to residents of Carinity Aged Care – Brookfield (p.10).

This year we have faced challenges while carrying out our mission to make a real difference in people’s lives. The loss of government funding for Wahroonga’s Adolescent Counselling Program in October was a major setback but with strong community support, staff are positive about the future.

Wahroonga, along with our youth crisis accommodation Harald’s House and Orana, will benefit from this year’s Christmas Appeal (p.6). I encourage you to give to these programs.

Finally, I want to thank you for supporting Carinity’s vital work in the community and wish you a safe and joyous Christmas.

Jon Campbell

Changing lives one coffee at a time

Joyful chatter and the aroma of coffee and cakes are served up fresh at Carinity Aged Care – Wishart on Tuesdays. That’s the day the Southside Cafe is open for business.

The cafe, which began this year as an initiative of Carinity’s all-girls Southside School, is so popular that residents, friends and family arrive early for their favourite table in the sunny courtyard. For the students it’s often their first time working in a cafe using a coffee machine and serving customers.

“It’s a wonderful experience and I look forward to it every week. I am quite fond of the girls,” says Carinity Aged Care – Wishart resident Iris Buxton.

Up to four students run the cafe each week as the service component of their Certificate II in Hospitality. Cafe Coordinator Renga-Ariki Roumanu mentors and assesses the students.

“The girls really enjoy interacting with the residents and learning how to operate a professional cafe,” says Ms Roumanu.

“And the residents are always happy to see the girls. They even give them etiquette advice, such as serving on the right and clearing on the left.”

Carinity Education – Southside is a special assistance school that provides secondary school education, mentoring and vocational training for disengaged female students in Years 7 to 12. For more information on Carinity – Southside Education visit www.carinity.org.au or phone 3423 7499.
This year Carinity celebrates 65 years of creating stronger communities. It’s a time to celebrate our 1200 caring and compassionate staff and volunteers who help individuals and families to reach their full potential and live better lives.

Since a small group of concerned Christians established Clifford House in 1949 and welcomed its first aged care residents, Carinity has grown to incorporate nine aged care communities and become a respected provider of integrated community services. Last year we helped more than 15,000 people.

Chaplaincy Coordinator Don McPherson says Carinity helps people of all ages and circumstances.

“Carinity provides supported care to the frail aged and homeless youth. We counsel families and young people through difficult times. And we provide hope to people with a disability and their families,” he says.

“You’ll see Carinity people providing chaplaincy support in hospitals and helping disengaged teenagers turn their lives around with an education and a desire for the future. You’ll meet Carinity’s people in our retirement lifestyle communities or maybe in your own home through our in-home care services.”

Carinity people are also members of your local Baptist Church who are facilitating positive change in their communities with the help of Carinity Innovation Grants. They are supporting the families of children with autism (LIVE Church), providing breakfast to disadvantaged high school students (South Toowoomba Baptist Church), building stronger marriages (Logan Grace Baptist Church) and helping the elderly with home repairs (Bridgeman Baptist Community Church) just to name a few.

Carinity’s people are here for you, making a difference, wherever their work happens. They’re helping you and your family to feel supported to live happier lives. And it’s humbling to know all of Carinity’s wonderful work started with a small group of caring people.
Help a teen receive counselling at Carinity Wahroonga

After helping more than 1100 struggling teenagers turn their lives around over the past decade, Carinity Wahroonga has lost its state government funding. We need your help to continue this vital service.

Since October, Wahroonga has been forced to scale down its service. We are worried the reduction of youth mental health services in Rockhampton will lead to an increase in self-harm and youth suicide.

Young people must now obtain a Mental Health Plan before they receive help. This limits the amount of counselling they can access and delays treatment in times of crisis.

Your gift will help financially disadvantaged teenagers easily access counselling. For every $60 you give, a young person receives one hour of face-to-face counselling and renewed hope.

Carinity Christmas Appeal 2014

Care to give them a brighter future this Christmas

Christmas is all about the spirit of giving and what better way to celebrate Christmas than to support the wonderful work of Carinity in the community.

Your generous gift will give hope to a troubled teen in need of shelter, counselling or assistance completing their education.

Every dollar you give will help make a difference to young people, by helping them to create a stronger future.

Your $35 gift provides a resident of Harald’s House or Orana with a welcome or moving on pack including a towel and toiletries, a backpack to store their possessions, or a Christmas or birthday gift that shows someone cares.

Your $60 gift restores hope by feeding healthy meals to a young person for a week at Orana or Harald’s House or providing counselling to a troubled youth at Wahroonga.

Your gift of $100 restores dignity by providing a brand new school uniform for a student or work wear for an employed young person residing at Harald’s House or Orana.

Help a homeless person at Carinity Youth Orana or Harald’s House

Carinity’s youth accommodation centres are a safe haven for young people who are experiencing or at risk of homelessness. We have helped hundreds of young people go on to complete their education, secure training and work and afford their own place to stay. As well as providing a safe bed and food, we teach our residents practical and social skills enabling them to live independently. Your gift helps break the cycle of homelessness through funding immediate accommodation, meals and support at Carinity Youth Orana (Bald Hills) and Harald’s House (Cairns).

Fairfield Waters
a new age in seniors’ living

Carinity’s highly anticipated $55-million Fairfield Waters development in Townsville is well underway and on track for a 2015 opening.

The integrated seniors’ community delivers state-of-the-art residential care integrated within a welcoming independent retirement living environment.

Townsville has a shortage of aged care facilities despite having the largest 65-plus population in North Queensland. In fact, the Australian Bureau of Statistics estimates the 70-plus population around Townsville will nearly double in the next 12 years exacerbating the current shortage of quality aged care accommodation.

Fairfield Waters will meet current and future needs with its residential care centre delivering 96 modern, air-conditioned single bedrooms with ensuites, says Carinity’s Development Executive Manager Peter Lamberth.

“Key to the design is creating a welcoming and homely atmosphere with bright, open-plan public spaces. Residents will enjoy community facilities including a large function and media room, exercise room, swimming pool and cafe,” he says.

“The site is perfectly positioned to ensure residents remain connected to their local community. All amenities are close to hand, with a local shopping centre, medical clinic and church within walking distance and easy access to public transport.”

Resident safety and comfort will be enhanced with the latest technology. Features include an advanced nurse call system and staff-to-resident communications, the ability to personalise air-conditioning, Wi-Fi internet access and CCTV security systems.

To find out more about the Fairfield Waters development please call (07) 3550 3747.

“The site is perfectly positioned to ensure residents remain connected to their local community. All amenities are close to hand...”

Carinity’s Development Executive Manager Peter Lamberth
Helping others will transform your life

The rewards of volunteering go both ways and are often unexpected.

Seeing residents’ faces light up with laughter is an unforgettable feeling for Carinity Aged Care – Brookfield volunteer Sam Towers.

Becoming a Carinity volunteer can often mean spending time enjoying the company and conversation of someone who has lived an extraordinary life. You will often learn things you never dreamed of and inevitably will make new friends. No specific qualifications are required, just a friendly face. And we promise you’ll be greeted by a sea of smiles.

Sam hasn’t looked back since signing up to become a Carinity volunteer.

“I thoroughly enjoy my volunteer work as I get to spend time with lovely seniors who really appreciate the little things in life that we often take for granted. I’ve also learnt so much from the residents about life in a different era. Most of all I enjoy sharing a laugh with them,” she says.

Carinity is always looking for volunteers to chat with residents or assist our diversional therapists to deliver fun, stimulating activities. We have places available across Queensland and your time is invaluable to us.

To get involved, call Angela on (07) 3550 3707.

Volunteering is a rewarding way to give back to your community, have fun, make new friends and really make a difference.

Do you know a Carinity volunteer who has made a real difference to your life or the life of a family member or friend? Why not nominate them for the Carinity Volunteer of the Year Awards.

Nomination

Your name: 

Contact details: 

Nominated volunteer’s name: 

Site volunteered at: 

Please give a short explanation as to why you believe this person deserves to be Volunteer of the Year (150 words max):

All entries must be received by 14 February 2015. The winner will be announced in the March edition of Belong Magazine and on www.carinity.org.au. The award will be presented at a ceremony to be held in April.

Post your entry to: Attn: Marketing Manager Carinity PO Box 6164 Mitchelton QLD 4053 or email your entry to marketing@carinity.org.au
Wouldn’t it be great if you didn’t need to worry about doing the cleaning? Carinity Clean is a professional cleaning service for seniors who can no longer manage it all by themselves.

And it’s only $12 for two hours of cleaning each fortnight. Our professional team of cleaners from Jim’s Cleaning will take on almost any cleaning job from dusting, vacuuming, washing floors and cleaning bathrooms and toilets. They’ll even put a load of bed linen in the wash and hang it out.

One client who benefits from Carinity Clean is Rita, 79, of Kippa-Ring. Rita was diagnosed with osteoporosis two years ago and is unable to do her own cleaning.

“I no longer have to worry about who will do my cleaning because I know I can rely on Carinity Clean. Kyle and Nick from Jim’s Cleaning do a wonderful job and are very pleasant to deal with,” says Rita.

It’s all about helping you to live your life to the fullest and focus on what’s important to you. Clients choose the day and time that suits. No job is too small or too big. Carinity Clean will also help with those hard-to-get-at jobs like ceiling fans, the oven or the fridge.

Once your cleaning program is agreed, you don’t need to worry about a thing. All cleaning products and equipment are provided by us. Carinity Clean is subsidised under the Australian Government’s Home and Community Care program so places are limited. Anyone who joins Carinity Clean before 1 July 2015 will avoid being means tested.

If you know someone who would benefit from Carinity Clean please call our Customer Care Team between 8.00am and 4.00pm Monday to Friday (excluding Public Holidays) on 1300 722 890.